# Supporting proactive workplace injury management and wellbeing

At Return to Work Consulting, we believe in working collaboratively with your business to implement effective processes to better manage work-related injuries, while also promoting employee wellbeing

# Outsourced return to work coordination

All aspects of workers compensation claims can be expertly and confidentially managed by Return to Work Consulting, this can include:

- Employer excess management
- Claim liability and determination review
- Agent claim reviews
- Claim analysis and strategizing
- GP / Allied Health case conferences
- Weekly compensation calculation and reconciliation
- Return to work planning, facilitation and monitoring

#### Workplace wellbeing

- Virtual wellbeing classes streamed live via your preferred videoconferencing platform
- Delivered by an experienced health coach, classes are fun and interactive, no specialised equipment or previous experience necessary
- Offering functional movement, yoga or meditation classes, or talk to us about what your business needs to flourish employee wellbeing!

# Mental health first aid training

- Every year, 1 in 5 Australian adults will experience a common mental illness. That means everyday millions of people go to work while experiencing a mental health problem
- Mental health first aid training leads to improved confidence in supporting a co-worker and increased mental health literacy
- Accreditation is valid for three years and is nationally recognised through Mental Health First Aid Australia



#### Licensed Instructor

### Contact us









